

# Day Hike - South Kaibab Trail

## Grand Canyon National Park

National Park Service  
U.S. Department of the Interior



**Trail Condition:** Maintained dirt trail. Steep. Well defined. Little shade on trail, mostly from canyon walls and dependent time of day. Give uphill hikers the right of way.

**Directions to Trailhead:** Located on the South Rim, access to trailhead is by shuttle bus only, NO private vehicles allowed. Trail begins south of Yaki Point on Yaki Point Road.

**Trailhead Elevation:** 7,200 feet.

**Services:** Randomly patrolled by rangers. Water available at trailhead only.

**Note:** NO water along trail. There will be mules on this trail.

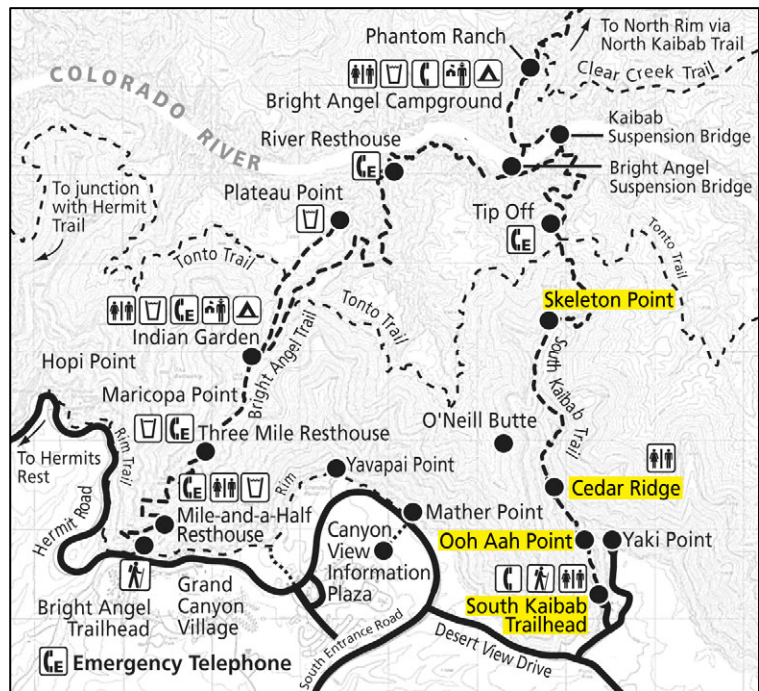
The South Kaibab Trail offers wonderful views all along the trail making it very easy to lose track of how far down you have hiked. Additionally, the steepness of the trail is very misleading on the way down. Plan on taking twice as long to hike up as it took to hike down. Cedar Ridge has great views and is an ideal day hike.

**Everyone needs to carry water!** A common mistake is not carrying water or not carrying enough water. When hiking in a group, each person should be carrying water. **Remember to eat as well as drink while hiking,** you use a lot of energy hiking the canyon.

**MULES AND HIKERS** - Several recent encounters between hikers and mules resulted in injuries to packers and the death of some mules. To ensure safety for yourself, other trail users, and mule riders, when encountering mules on the trails:

1. Step off the trail on the uphill side away from the edge.
2. Follow the direction of the wrangler. Remain completely quiet and stand perfectly still.
3. Do not return to the trail until the last mule is 50 feet (15 meters) past your position.

*During the summer months, when inner canyon temperatures are extremely high, access to inner canyon trails may be restricted to early morning and evening. Information on trail restrictions and trail closures is available at (928) 638-7888 (press 1-3-1).*



Destination	Distance (in Miles)		Elevation Feet (at Destination)	Services: W = Water; T = Toilet; E = Emergency Phone			
	One Way	Round Trip		Services			Notes
				W	T	E	
Ooh-Aah Point	.75	1.5	6320				Offers a spectacular view. Great day hike. No sign, point where trail opens to a WIDE view.
Cedar Ridge	1.5	3	6060		X		Good turn-a-round for first time canyon hikes, casual hikers, and late starters. No water. First hitching rail. <b>Do not go past this point as a SUMMER day hike.</b>
Skeleton Point	3	6	5200				Trail sign, second hitching rail is located after flat stretch on top of ridge. Steeper switchbacks after hitching rail. <b>Do not go past this point as a day hike.</b>
<b>WARNING: Do not attempt to hike from the rim to the river and back in one day!</b>							

Successful hikers:

1. Plan their hike before they start and go prepared.
2. Hike during the cooler, shadier time of the day.
3. Go slowly, rest often, and stay cool.
4. Eat salty foods and drink water or sports drink.

Depending on how prepared you are, your trip can be a vacation or a challenge, a revelation or an ordeal. Over 250 people are rescued from the canyon each year. The difference between a great adventure in Grand Canyon and a trip to the hospital (or worse) is up to YOU.

DO NOT attempt to hike from the rim to the river and back in one day, especially May to September.

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## Shuttle Bus Information

Kaibab Trail Route - This route operates year-round. Buses provide transportation between Canyon View Information Plaza, Pipe Creek Vista, South Kaibab Trailhead, and Yaki Point. This is the shortest scenic route and the only access to Yaki Point.

Buses on the Kaibab Trail Route operate on the following schedule:

- Every 30 minutes from one hour before sunrise to 6:30 a.m.
- Every 15 minutes from 6:30 a.m. to one hour after sunset

Stops are as follows:

1. Canyon View Information Plaza
2. South Kaibab Trailhead
3. Yaki Point
4. Pipe Creek Vista
5. Canyon View Information Plaza